

Dimensions Of Touch™

Explore the qualities of touch and the presence of your own being in the grace of touch.
Experience the paradigms of health and therapeutics; access wellness within and around.

This workshop is in 2 sessions:

Morning Session:

We will learn:

- Afferent and Efferent touch.
- State of Neutral: body, mind, emotions
- Recognise witness consciousness

Afternoon Session:

- Principles of Health
- Therapeutic benefits of touch
- Accessing Wellness within and around.

Who can attend:

- Adults 21years and older.
- Practitioners / facilitators of alternate & complimentary therapy
- Physiotherapists, Occupational Therapists
- Mothers, care providers.

To touch with our presence and listen to our touch;
to touch emptiness and let spaciousness fill us.

A touch that is so present that it disappears;
an embrace that is so gentle that we feel deeply touched.

A journey into the Dimensions Of Touch™ - in the 'Presence Of Being'.



Facilitated by

Zia Nath
Craniosacral Therapist (BCST, IABT, ICSB, RCST®)
Founder - Quanta Health Care Solutions, Mumbai

Date: 17th September 2017

Venue: Mumbai(Upper Worli - address to be announced)

Time: 10 am to 4:30 pm

Fees: Rs.4200/-

Early bird discount: Rs. 550/- register before 12th
September 2017

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